



# The Knights of St George Heart Association

PO Box 201 SYLVANIA SOUTHGATE. 2224 Website: [www.knightsofstgeorgeheartassoc.com.au](http://www.knightsofstgeorgeheartassoc.com.au)

*President* —Dr David Horton \* *Vice President* Alan Jacobs

*Secretary /Assistant Treasurer* Susan Leahy \* *Assistant Secretary* Cheryl Simmonds \* *Treasurer* Alan Jacobs \*

*Committee:* Malcolm Budsworth \* Kath Creighton \*

\* Trish Horton \* Jacqui Jacobs \* Colleen & Denis Key's \* Nick & Dorothy Marshall

Mavis & Dick Mathew \* Carla Perry \* Gloria Phillips \* Anna Power \* Gwen Swadling \* Linda Yiu

*Trustees:* Dr Gary Fermanis \* Dr Matthew Horton \* Dr Sheen Peeceeyan

## ♥ PRESIDENT'S REPORT ♥

Dear Fellow Members,

I trust that you have recovered from the delights and excess of yuletide and are pressing on with a happy, healthy and rewarding 2015.

Our Christmas function at Club Central was very successful and enjoyable and I am very grateful to President Bernie Holdsworth, his Board and their staff for the strong support they gave this event.

Our mid-year function is going to be held at The St George Leagues Club on Thursday 4<sup>th</sup> June 2015 which coincides with the 30<sup>th</sup> Anniversary of The Cardiothoracic Surgery Unit at The St George Hospital. This is a very appropriate venue for the event because the creation of the Unit in 1985 received critical support from the Board and Administration of The Leagues Club. In 1986, a fundraising dinner for the Unit was held at the Club and \$85,000.00 was raised \$18,000.00 of which was donated by The St George Rugby League First Grade players. The cheque was presented to Mr Joe Orr, MBE, Chairman of the St George Hospital Board, by Brian Johnston, the team Captain. Brian is now President of The St George Leagues Club. Information on the intrigue and patriotism involved in the foundation of The Cardiothoracic Unit, come to the Dinner Dance on the 4<sup>th</sup> June!!

The Knights of St George Heart Association, ie "The Knights," has provided substantial support for Cardiac and Thoracic Surgery Services at the St George Hospital. Since 2010 we have donated \$373,000.00 to the St George Hospital to purchase equipment for the care of patients in the Cardiothoracic Surgery Unit. This includes \$100,000.00 for the purchase of two Pumps to support the heart in critically ill patients, \$115,000.00 for echocardiography equipment, \$95,000.00 for a new patient monitoring system for the Cardiothoracic Surgery Ward and \$54,000.00 for video equipment to enable the performance of minimally invasive lung surgery.

Over almost 30 years The Knights have raised around \$1.6 million for the Hospital. For more details on the support we have provided & the services that have been rendered to the community, come to the Dinner on the 4<sup>th</sup> June!!

I deeply appreciate the ongoing support of The Knights Committee, particularly the indispensable work of our Secretary, Susan Leahy who is the engine room of our organisation. Also, my grateful thanks to all those who have donated prizes for the in-house raffles, particularly Mavis and Dick Mathews and those who have donated articles for our silent auctions which are run so well by Colleen and Denis Keys.

On Saturday 14<sup>th</sup> March, Mavis and Dick Mathews ran a very successful Stall for The Knights at the Annual Riverwood Community Fair. Thank you very much.

Looking ahead, our Christmas Dinner Dance will be held at Club Central in Hurstville on Saturday 28<sup>th</sup> November 2015. In the meantime brace yourselves for our function on the 4<sup>th</sup> June.

Good health and warmest regards

*David Horton*

**PRESIDENT** Knights of St George



*Pictured right::*

On 10 October 2014, Knights Committee members were shown new, working Telemetry system by nursing staff in the Cardiothoracic Wards in St George Hospital, purchased with funds donated by the Knights.

Our Knights were treated to a THANK YOU morning tea at the presentation, along with Mark Coure MP for Oatley & Bernie Holdsworth, President of Cub Central, large donors for this Telemetry System with, David Horton & Susan Leahy.

# ♥ Secretary's Notes & Dates for your Diary ♥

*Greetings to all & Welcome to our Autumn Newsletter for 2015.*

Our Christmas Dinner Dance on 29<sup>th</sup> November 2014 was held, once again at Club Central. It was a very successful night, enjoyed by all. Great to have the Band "CATE" back with us for this function.

I am humbled by the continued support by all attending these functions, which raises much needed money to purchase equipment for the Cardiothoracic Unit at St George hospital.



The Club's President, Mr Bernie Holdsworth & his Board, gave David a cheque for \$5,000 (pictured left) to go towards the funding for the purchase of an additional Balloon Pump required for the Cardiac Theatres & Cardiac Intensive care Unit at St George Hospital.

Many thanks to the committee member's & Cheryl, my Assistant Secretary, for all the assistance to insure the evening's success. A very special note of appreciation to my wonderful friends at Hurstville Rotary, Carole & Wendy who sold tickets for the Big Raffle, drawn on the night & what a great job they did, many thanks.

The food and its presentation were excellent and The Biddegal function room was an absolute picture.

Special thanks go out to Management & staff at Club Central for the effort & assistance prior to, as well as, on the night to make this a truly memorable last fund raising event for 2014.

## Riverwood Legion & Community Club, Club Rivers.

We were invited again this year to **The Annual Street Fair** which was held at Club Rivers on Saturday

14<sup>th</sup> March 2015. Thanks to the continued support of Dick, Mavis & Anna our loyal committee members, the "Knights of St George" once again had a stall. Special thanks to Sue (daughter of Dick & Mavis) who raised extra funds for the day with a separate raffle. Total money raised on the day was

\$644.80, well done to our workers. The Fair was certainly enjoyed by all who came under sunny skies. It is the commitment and effort of Club Rivers and their loyal supporters that makes this day such a success.

## Riverwood Legion & Community Club Wine Appreciation Club.

The continued support in donations of wine and money from their Wine Clubs Dinners are very much appreciated as well as The Riverwood legion & Community ladies Auxiliary for their generous donations.



**"Albie Thomas" Rockdale Fun Run**  
Sunday 24th May—be there at 8am  
Start at Peter Depena Reserve

Be part of the scenic "Albie Thomas" Rockdale Fun Run on Sunday, 24th May to raise money for the *Knights of St George Heart Association*.

Enjoy either a 5 km or 1 km Fun Run/Walk. The course is one of the flattest in Sydney boasting great views of Botany Bay as you make your way along the foreshore around Dolls Point.

Prices will increase to \$35 for adults and \$25 for children on the day of the run. Registrations can be completed online at [www.rockdalefunrun.com.au](http://www.rockdalefunrun.com.au)

See you there—lots of fun—Great cause!

Expect lots of Staff from  
St George Public & Private Hospitals to be there !!!

Register online by May 22nd to save with pre-entry prices of \$25 for adults and \$15 for children u/18

## 30th Anniversary Dinner 2015

As this year is the celebration of 30 years of Cardiac Surgery at St George Hospital, anniversary falling in June. We will be returning to celebrate this at The St George Leagues Club for our Winter Dinner Dance on Thursday 4<sup>th</sup> June 2015 commencing at 7pm. Tickets will be \$100.00 each (Drinks included)

This will be held in **The Mahogany Room** at The Club.

**The seating capacity for this room is only 120 guests so it is essential for early booking and payment to secure your ticket for this important event.**

We are very pleased to have been invited back to this venue for another major milestone in our fund raising efforts for the cardiac Unit at St George Hospital.

We appreciate the continued support from The St George Leagues Club for this celebration dinner. I am sure it will be a wonderful evening **to be enjoyed** by all.

Please come along to join us and celebrate our winter event with dinner and dancing to continue the great fund raising efforts for our worthy cause.

### **WINNERS from our Big Raffle for 2014 drawn at our Christmas Dinner**

**1<sup>st</sup> Prize** – Cr Philip Sanson - 4 nights acom for 2 at Gibraltar Hotel in Bowral—collected on the night..

**2<sup>nd</sup> Prize** – Narelle Wright RN— I Pad—Delivered to her.

**3<sup>rd</sup> Prize** – Ross Crouch. RN—Amazon Kindle Fire—collected on the night.

**4<sup>th</sup> Prize** – Kevin Greene—Dinner for 2 at "3 Fish Restaurant" at Cronulla.—collected on the night.

**MEMBERSHIP FEES**—Became due 1<sup>st</sup> Jan 2015. If you have forgotten – don't worry just cut off included slip and return it with payment and a stamped address envelope **or pay on line through Website.**

### **Once again our RAFFLE for 2015 which will be drawn at our Christmas function is ready to be launched.**

**1<sup>st</sup> Prize** – Accommodation for 2 in a relaxing indulgence at Gibraltar Hotel in Bowral, 4 nights- including daily breakfast, a 2 course dinner for two on one evening, unlimited in-house movies and free wifi. (mid- week booking)

**2<sup>nd</sup> Prize** – Current model – Apple I Pad.

**3<sup>rd</sup> Prize** – E Reader.

**4<sup>th</sup> Prize** – Dinner for 2 at "3 Fish Restaurant" at Cronulla.

Tickets are \$2.00 each or books of 10 for \$20.00

If you would like to buy some, cut off attached slip in Newsletter, send it with money and details of how many you wish and they will be posted to you. NB; This may also be purchased through Website.

### **MEETING DATES FOR 2015—To be held at Penshurst RSL Club – all welcome!!**

Sunday 19<sup>th</sup> April 2014 @ 5pm @ David & Trish's home – General meeting- **(NB; Time & place has been changed for this meeting)**

Sunday 13<sup>th</sup> September 2015 @ 1100 @ Penshurst RSL Club – General meeting f/b AGM.

Sunday 8<sup>th</sup> November 2015 @ 1100 @ Penshurst RSL Club – General meeting + arrangements for our Christmas function to be held on Saturday 28<sup>th</sup> November 2015 at Club Central – more on that later.

That's about all for now. I do hope a wonderful Christmas was enjoyed by all and 2015 is looking good.

I wish you all a very safe and happy Easter & look forward to seeing everyone at our Anniversary Celebration Function on 4th June

Until then, God bless.



Susan Leahy - **SECRETARY** – Contact details; (H) 95225824 or (M) 0411050420 or Email [susanleahy55@gmail.com](mailto:susanleahy55@gmail.com)



**PLEASE NOTE – CHANGE OF POSTAL ADDRESS for all mail to:  
PO BOX 201, SOUTHGATE. SYLVANIA, NSW 2224**

# ♥ DOCTOR'S REPORT ♥

Dear Members,

The St George Hospital recently celebrated 120 years of service to the community. A gala event was held at the Georges River Sailing Club and the redevelopment of the St George Hospital was reaffirmed by politicians and community leaders. In the new development there will be state of the art cardiac theatres and cardiac intensive care beds each with their own en-suite bathrooms.

During the state election, it was pleasing that both Liberal and Labor parties supported the new development. Bipartisan support has been hard won and is a credit to the community support, reinforced by the work of the Knights of St George.

Meanwhile the cardiac unit at St George Hospital is approaching 30 years of service. A further donation of \$54,000 by the Knights was used to purchase state of the art endoscopes and video equipment for the operating theatres. Using this equipment, the surgeons are now performing heart operations which can easily be seen on a large screen and the latest "key hole" procedures to treat lung cancer. With this new equipment, operations are taking less time with smaller incisions and patients are recovering quicker.

These new developments in the building projects and the operating theatres are heavily reliant on the Knights of St George support. I hope to see you all at the mid year ball at the St George Leagues Club so that this great work can continue.

**Dr Gary Fermanis**

*Head of Department, Cardiothoracic Surgery St George Hospital*

*Pictured Below:*

Doctors & Theatre staff working with new Thoracic & Video equipment for patients in the the Cardiothoracic theatres





# 30th Anniversary Dinner

Thursday 4th JUNE 2015— 7pm at St George Leagues Club

RSVP 25th May 2015

I would like (No of tickets) ..... @ \$100 each (Drinks included) for the Mid-Year Dinner - Enclosed \$ .....

NAME:.....

ADDRESS:.....

TELEPHONE:..... If possible I would like to be seated with / near .....



## KNIGHTS OF ST GEORGE HEART ASSOCIATION

### BIG CHRISTMAS RAFFLE

Drawn at Christmas Dinner 2015

Please send me .....books of tickets in the above raffle (Tickets \$2 each - \$20 for book of 10).



NAME:.....

ADDRESS:..... TELEPHONE:.....



## The Knights of St George Heart Association



Enclosed please find my **Membership Fee for 2015**—\$10 per annum (Due January 2015)

NAME:.....

ADDRESS:.....

TELEPHONE: ..... Amount Enclosed: .....

Mail to: **KNIGHTS OF ST GEORGE HEART ASSOCIATION**

**PO Box 201 SYLVANIA SOUTHGATE. 2224 NSW**

(If possible please enclose a stamped addressed envelope—postage is our largest expense, it would be appreciated)