

# The Knights of St George Heart Association

PO Box 201 SYLVANIA SOUTHGATE NSW 2224

Website: [www.knightsofstgeorgeheartassoc.com.au](http://www.knightsofstgeorgeheartassoc.com.au)



**President** –Dr David Horton

**Vice President**

Alan Jacobs

**Secretary**

Susan Leahy

**Assistant Secretary**

Cheryl Simmonds

**Treasurer** Nick Marshall

Assistant Treasurer \* Dorothy Marshall

**Committee:**

Malcolm Budsworth \* Kath Creighton

Trish Horton \* Jacqui Jacobs \* Colleen & Denis Keys-

Mavis & Dick Matthew \* Carla Perry \* Gloria Phillips

\* Gwen Swadling \* Linda Yiu

**Trustees:**

Dr Gary Fermanis \* Dr Matthew Horton \*

Dr Sheen Peeceeyan



*Knights of St George Winter Dinner Dance*

*To be held on Saturday 9 July 2016 from 7pm at*

*The Australian Golf Club*

*53 Bannerman Crescent Rosebery NSW*

*Tickets \$100 pp \*\* Bookings essential*

## PRESIDENT'S REPORT

Dear Fellow Members,

I am sure you will agree that our last event for 2015, our Dinner dance at Club Central Hurstville, was a very fitting finale to a very successful year for The Knights of St George Heart Association. So many of our treasured long term supporters & survivors!! –attended this function which radiated community spirit & goodwill. Thank you Club Central for looking after us so well. The Club's President, Bernie Holdsworth was unwell & unable to attend & he was greatly missed however, he was strongly represented by his wife Laureen & their family. Bernie, we all wish you an early return to good health.

Once again I wish to express my appreciation for the great support provided to The Knights by our hard working & loyal committee. I also wish to pay a special tribute to our Secretary Susan Leahy for the immense amount of work she does for "The Knights," thank you Susan. Without you the show would not go on.

On behalf of "The Knights" I also wish to pay tribute to Anna Power, one of our most devoted & active committee members. Anna passed away on 19/10/2015. Anna was the mother of Anita Horton, Mathew's wife. Dearest Anna, you are deeply missed.

I also wish to express my delight at the great support The Knights receive from local sporting & service Clubs. They represent huge numbers of local people & their support for the Cardiothoracic Unit at St George Hospital is so gratifying, so vital, & so the Community of the St George District.

May I also pay tribute to Mr Bruce Spaul who, as our Auditor, continues to provide us with excellent advice & great wisdom.

Our next function, as usual a dinner dance, is to be held at the Australian Golf Club at Rosebery on 9/7/2016. This is the oldest & one of the most venerable Golf Clubs in Australia. Come along, bring your friends & enjoy another special Knight's function. In the meantime be good, stay healthy & brace yourself for an absolute cracker of a night at the AGC on Saturday 9<sup>th</sup> July 2016.

Warmest regards

**PRESIDENT** Knights of St George Association



### *Greetings to all & Welcome to our Autumn Newsletter for 2016*

Our Christmas Dinner Dance on 28<sup>th</sup> November 2015 was held, once again at Club Central. It was a very successful night, enjoyed by all. Great to have The Band "Girl Talk" back with us for this function.

Thank you so much for the continued support by all attending these functions, the money raised allows us to donate for equipment required to the Cardiothoracic Unit at St George hospital.

Many thanks to the committee member's & for all the assistance to insure the evening's success. A very special note of appreciation to Dorothy & Mavis who sold tickets for the Big Raffle, drawn on the night. Great job, many thanks.

Special thanks go out to Management & staff at Club Central for the effort & assistance prior to, as well as, on the night to make this a truly memorable last fund raising event for 2015. The food & its presentation were excellent & The Biddegal function room was an absolute picture, once more.

### *The Winners in our Big Raffle for 2015 drawn at our Christmas Dinner Dance.*

1<sup>st</sup> Prize – Anne Lee—collected on the night.                      2<sup>nd</sup> Prize – I PAD – Jim Greenan – Delivered to him.  
3<sup>rd</sup> prize – E Reader – Bob Lvoff – collected on the night.      4<sup>th</sup> prize – Marilyn Gerrard – collected on the night.

**NB** At our first committee meeting on 28/2/2016 it was discussed to make some [changes to our prizes for 2016](#)

### [Big Raffle PRIZES FOR 2016—To be drawn at our Christmas Dinner](#)

**1<sup>st</sup> Prize \$1,000 Cash - 2<sup>nd</sup> Prize I PAD - 3<sup>rd</sup> Prize Mini I Pad - 4<sup>th</sup> Prize Dinner for 2 @ Bistro 32 @ Caringbah.**

This raffle is to be launched along with the Autumn Newsletter, so let's make a big effort for our 2016 Raffle. With changes to first & third prize we hope to sell many more tickets, all money raised goes towards equipment for the Cardiothoracic Unit at St George Hospital. If you would like to buy some tickets, cut off attached slip in Newsletter, send it with money & details of how many you wish and they will be posted to you. Your support is greatly appreciated.

**NB:** [Tickets may also be purchased through Website \[www.knightsofstgeorgeheartassoc.com.au\]\(http://www.knightsofstgeorgeheartassoc.com.au\)](#)

### [Riverwood Legion & Community Club, Club Rivers.](#)

We were invited once more this year to [The Annual Street Fair](#) which was held at Club Rivers on Saturday 12<sup>th</sup> March 2016. It was a particularly hot, long day & numbers were down due to this I am sure, but with the wonderful support of Dick, Mavis, Gloria & myself, the "Knights of St George," once again were there in support of our fund raising efforts.

Club Rivers President, Michael Free & his staff certainly worked hard all day to ensure the success of their Street Fair with great activities, entertainment, wonderful food and lots of drinks for the hot day.

It is the commitment & effort of Club Rivers and their loyal supporters that makes this day such a success.



### [Riverwood Legion & Community Club – Wine Appreciation Club.](#)

The continued support in donations of wine & money from their Wine Club's Dinners run by Doug Evans & Mary Butler are very much appreciated. These dinners include wonderful food, great varieties of Wine Companies & a fun night. All welcome, contact Mary Butler at Club Rivers for next Dinner.

The Riverwood Legion & Community Ladies Auxilliary continue to support us with their donations,

Please note – to all our Committee members – Change of Venue  
**2016 Meetings to be at Club Rivers at 11am All Welcome**

**Sunday 29<sup>th</sup> May 2016**—General meeting  
+ set up for July Dinner dance

**Sunday 14<sup>th</sup> August 2016** – General meeting followed by AGM  
(NB changed from 7/8/16)

**Sunday 23<sup>rd</sup> October 2016** – General meeting  
+ arrangements for our Christmas function to be held on Saturday  
26<sup>th</sup> November 2016 at Club Rivers – more on that later.

**Membership Fees \$10**

**Due 1<sup>st</sup> Jan 2016**

Leaflet enclosed – cut off and return with payment & stamped addressed envelope

**OR**

Pay by EFT via website

[www.knightsofstgeorgeheartassoc.com.au](http://www.knightsofstgeorgeheartassoc.com.au)



# ♥ DOCTOR'S REPORT ♥

Dear Members

The St George Hospital re-development is proceeding well. The Knights have been invaluable in obtaining the necessary Government and community support in this re-development. As you know, the first phase involving a new Emergency Department has been completed. The Emergency Department, already one of the busiest in the state, is now receiving 10% more patients than previously.

The next phase involving new cardiac theatres and new Cardiac Intensive Care is well advanced. The planning phase has been completed and building has commenced. The building phase is ahead of schedule, by at least six months. It is anticipated that the new development will be functional in twelve months time.

Meanwhile, the business of cardiac surgery at St George Hospital continues to be focused on quality. Cardiac monitoring equipment, donated by the Knights has worked well and contributed to patient safety. Last year, the mortality rate for all cardiac surgery at St George hospital was 1.8%, amongst the lowest in the country. The Knights have supported this high quality work by financing two education days for the Intensive Care staff to train in the management of a cardiac patient requiring an emergency re-sternotomy. And, I am sure, there will be much scope for further donations as the new development is completed.

The lung program at the hospital remains busy, with more cancer operations than most other hospitals in NSW. The Knight's purchase of endoscopy and video equipment for "key-hole" procedures has been most useful.

I therefore urge you to attend the mid-year function at the Australian Golf Club to give all the support you can, to this wonderful organisation.

**Dr Gary Fermanis**

*Head of Department, Cardiothoracic Surgery St George Hospital*



*Pictured Above:*

**Simulation Training Session attended by David & Susan at the Clinical Skills Lab at St George Hospital 23 November 2015, for nursing staff in Cardiac Intensive Care Unit. Sponsoring of this & chest re-open Trolley paid for by donation from the Knights of St George.**





# Winter Dinner Dance

Saturday 9th JULY 2016— 7pm at The Australian Golf Club  
RSVP 27th June 2016



I would like (No of tickets) ..... @ \$100 each (Drinks included) for the Mid-Year Dinner - Enclosed \$ .....

*Tickets may also be purchased through Website [www.knightsfstgeorgeheartassoc.com.au](http://www.knightsfstgeorgeheartassoc.com.au)*

NAME:.....

ADDRESS:.....

TELEPHONE:.....If possible I would like to be seated with / near .....

✂ ✂ ✂ ✂ ✂ ✂

## KNIGHTS OF ST GEORGE HEART ASSOCIATION

### BIG CHRISTMAS RAFFLE *Drawn at Christmas Dinner 2016*

Please send me .....books of tickets in the above raffle (Tickets \$2 each - \$20 for book of 10).

*Tickets may also be purchased through Website [www.knightsfstgeorgeheartassoc.com.au](http://www.knightsfstgeorgeheartassoc.com.au)*



NAME:.....

ADDRESS:.....TELEPHONE:.....

## *The Knights of St George Heart Association*

Enclosed please find my **Membership Fee for 2016**—\$10 per annum (Due January 2016)

NAME:.....

ADDRESS:.....

TELEPHONE: ..... Amount Enclosed: .....

*Or pay through Website [www.knightsfstgeorgeheartassoc.com.au](http://www.knightsfstgeorgeheartassoc.com.au)*

Mail to: **KNIGHTS OF ST GEORGE HEART ASSOCIATION**  
**PO Box 201 SYLVANIA SOUTHGATE. NSW 2224**



*(If possible please enclose a stamped addressed envelope—postage is our largest expense, it would be appreciated)*