



# *The Knights of St George Heart Association*

## *September 2022*



Registered Charity CFN 13235

PO Box 201 SYLVANIA SOUTHGATE 2224

[www.knightsfstgeorgeheartassoc.com.au](http://www.knightsfstgeorgeheartassoc.com.au)

## ♥ PRESIDENT'S REPORT ♥

### *Dear Fellow Members*

We continue to live in thought provoking times. The COVID-19 pandemic and, at times, its management has continued to cause a great deal of damage to the whole community.

The Knights are coming out of hibernation on Saturday 3 December 2022 when we will be holding our traditional Christmas Dinner Dance at Riverwood Legion and Community Club (Club Rivers). See information within this newsletter.

We hope for a healthy attendance and, beyond that, a return to our normal programme.

The Knights have not made any significant donations to the St George Hospital Cardiothoracic unit in recent times but we do have the capacity to do so. The unit continues to do excellent work and Dr Matthew Horton will bring us up to date in his report.

I am really looking forward to our Christmas Dinner Dance when we can get together and enjoy each others company over some fine food and a few sherbets and display great vigour on the dance floor!



In the meantime, keep on keeping on and take every opportunity to socialise with family and friends.

My thanks once again to the administrators of the Knights. My special thanks to Treasurer, Nick Marshall and Correspondence Secretary, Susan Cohen who have kept the home fires burning.

I do look forward to seeing as many as possible of you at our next function.

Warmest regards

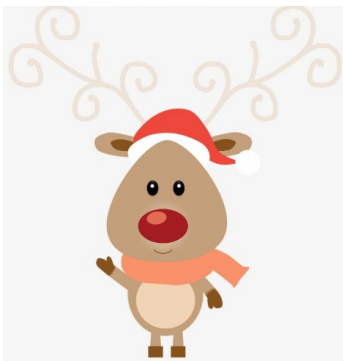
*David Horton*





# Secretary's Spring Report

I am so excited that we have been able to commence planning for our Christmas Dinner Dance to be held on Saturday 3 December this year! After a few years of not being able to hold our traditional Knights functions it will be wonderful to catch up with everyone again and enjoy a fantastic night of socialising. I look forward to seeing as many Knights members and supporters as possible on the night. Jacqui Jacobs



**The Knights of St George Christmas Dinner Dance**  
**Saturday 3 December 2022 at 7.00pm**  
**Club Rivers**  
**32 Littleton Street Riverwood**

**We invite you to join us for a fun night of friendship, prizes, dancing and Christmas cheer**  
**Cost: \$75.00 per head**  
**Champagne on arrival**

**Please see the payment slip included with this newsletter to order your tickets and pay by cheque.**  
**Send the payment slip and cheque to our PO Box.**

**Alternatively, use the details on the next page to order your tickets online via our website and then transfer money from your bank account to ours using the reference number (a two step process)**

**No tickets will be issued but your name will be on a list at the door. Where possible we will endeavour to seat you with requested friends if advised.**



**Meeting Dates for 2022**  
**All meetings are held at**  
**Club Rivers at 11am**  
**Next Meeting**  
**Sunday 16 October**

**ALL WELCOME!**



**Knights of St George Heart Association Committee**

<b>Dr David Horton – President</b>	<b>Alan Jacobs – Vice President</b>	<b>Secretary – Jacqui Jacobs</b>
<b>Assistant Secretary – Anita Horton</b>	<b>Correspondence Secretary – Susan Cohen</b>	
<b>Treasurer – Nick Marshall</b>	<b>Assistant Treasurer – Dorothy Marshall</b>	

**Committee Members: Mavis and Dick Matthews, Trish Horton, Susan Leahy, Cheryl Simmonds, Carla Perry, Colleen and Denis Keys, Linda Yiu, Graham Murphy, Olwyn Elliot**

**Trustees: Dr Gary Fermanis Dr Matthew Horton Dr Sheen Peeceeyen**

# Doctors Report



*Dr Matthew Horton*

Hello everyone,

Thanks again for your ongoing support. We are once again doing cardiac and thoracic surgery at St George Public Hospital, albeit with some difficulty.

Staff shortages as a result of the pandemic (and people resigning and retiring) have meant that our operating capacity continues to be reduced.

We do, however, continue to provide an excellent service for the people of the St George district and the wider community.

We just last week had our accreditation by the Royal Australasian College of Surgeons. The unit was inspected and the staff were interviewed and it all went very well.

I look forward to joining you all at our Christmas get together in December .  
Stay well,  
Matthew



## HOW TO MAKE A PAYMENT NOTIFICATION ON OUR WEBSITE

**Step 1:** Go to [www.knightsofstgeorgeheartassoc.com.au](http://www.knightsofstgeorgeheartassoc.com.au)

From the tabs along the top click on PAY ONLINE

Enter all your information in the required fields – Name Email Phone Number Address

Select what items you wish to pay for eg Raffle Tickets, Membership, Dinner tickets - Enter

The total amount will be displayed at the bottom of the page – then click on NEXT

The next page will give you a Reference number and TWO different methods to make payment

**Step 2: If you wish to pay Via EFT**

**You need to go to your own Bank Account and transfer the funds (using your reference number) to:**

**Account Name:** Knights of St George Heart Association

**Account BSB:** 062 184 (Commonwealth Bank)

**Account Number:** 1023 1276

**Paying by Cheque**

If you wish to pay by cheque just fill in the cut off payment slips provided with this newsletter and post with your cheque made payable to *The Knights of St George Heart Association*

**The Knights of St George Heart Association**

PO Box 201

Sylvania Southgate NSW 2224

## 2022 BIG RAFFLE

This will be drawn at the Christmas Dinner Dance  
Tickets \$2.00 each Book of 10 \$20.00

**1<sup>st</sup> Prize \$1000**

**2<sup>nd</sup> Prize Apple Ipad**

*Donated by David Horton*

**3<sup>rd</sup> Prize Apple Ipad Mini**

*Donated by Trish Horton*

**4<sup>th</sup> Prize Restaurant Voucher for 2**

*Donated by Alan and Jacqui Jacobs*

## MEMBERS PLEASE NOTE

**Membership Fee of \$10.00  
was due 1 JANUARY 2022**

Payment slip on reverse of the Newsletter  
Cut off and return with your payment

Correspondence Secretary: Susan Cohen  
[susancohen28@hotmail.com](mailto:susancohen28@hotmail.com)

Previous Secretary: Susan Leahy  
[susanleahy55@gmail.com](mailto:susanleahy55@gmail.com)

# Perfusion

Perfusion is the technology of organ preservation by the circulation of oxygenated blood outside the body, using a heart-lung bypass machine (also known as cardiopulmonary bypass). Virtually all heart operations require the services of a perfusionist to operate the heart-lung bypass machine. A perfusionist works with the cardiac surgeon and operates the bypass machine during heart surgery to maintain a safe and stable condition while the heart is stopped for repair. Perfusionists may operate such equipment during any medical situation where it is necessary to support or temporarily replace the patient's cardio pulmonary or circulatory function. The perfusionists main work is performed within a cardiac operating theatre, but they also work in intensive care units, orthopaedic, vascular and neurosurgical operating theatres and cardiac catheter laboratories.



St George Hospital cardiac unit perfusionists: Keith Adkins, Tara Powers and Majid Arammanesh with the heart lung bypass machine and one of the blood gas machines donated by the Knights in 2019.



Scrub nurse Edith Jausovec, cardiac surgeon Dr Gary Fermanis and Nurse Linda Yiu from the St George Hospital cardiac unit.

