



# *The Knights of St George Heart Association*

## *April 2023*



Registered Charity CFN 13235

PO Box 201 SYLVANIA SOUTHGATE 2224

[www.knightsfstgeorgeheartassoc.com.au](http://www.knightsfstgeorgeheartassoc.com.au)

## ♥ PRESIDENT'S REPORT ♥

### *Dear Fellow Members*

We are now well into 2023 and I hope that you are all enjoying a much less complicated life than that which we have all battled through in the previous three years or so.

I think we are returning to normality if the splendid win the St George Dragons had on Sunday 12 March at Jubilee Oval is anything to go by!

Our next Christmas in July Dinner Dance will be held at the St George Leagues Club on Saturday 29 July 2023 in the Mahogany Room which is most palatial. Please come along and enjoy the very nice surroundings, great music and lovely food – and of course, great company!

The Knights are arranging to make a substantial donation to the Cardiothoracic Surgery Unit at the St George Hospital. Hopefully this will occur before our Dinner Dance and I will ask Dr Matthew Horton, Head of Unit, to give us the details on the night.



My thanks once again to the Knights committee for their dedication to our worthy cause and my special thanks to Treasurer, Nick Marshall and Correspondence Secretary, Susan Cohen for their crucial roles in our administration.

I do look forward to seeing you all at our Christmas in July function.

Warmest regards

*David Horton*



Knights of St George Heart Association Committee  
Dr David Horton – President      Alan Jacobs – Vice President      Secretary – Jacqui Jacobs  
Assistant Secretary – Anita Horton      Correspondence Secretary – Susan Cohen  
Treasurer – Nick Marshall      Assistant Treasurer – Dorothy Marshall  
Committee Members: Mavis and Dick Matthews, Trish Horton, Susan Leahy, Cheryl Simmonds, Carla Perry,  
Colleen and Denis Keys, Linda Yiu, Graham Murphy, Olwyn Elliot  
Trustees: Dr Matthew Horton      Dr Sheen Peceeyen

# Knights Mid Year Dinner Dance



Mahogany Room  
St George Leagues Club  
124 Princes Highway Kogarah



Christmas in July Dinner Dance  
Saturday 29 July 2023  
7.00pm  
Cost: \$80.00 per head



Champagne on arrival  
3 course menu  
Entertainment and dancing  
Lots of raffle prizes!

Please see the payment slip included with this newsletter to order your tickets and pay by cheque. Send the payment slip and cheque to our PO Box.

RSVP & payment required by SAT 15 JULY

Alternatively, use the details below on this page to order your tickets online via our website and then transfer money from your bank account to ours using the reference number (a two step process) Please contact our correspondence secretary [susancohen28@hotmail.com](mailto:susancohen28@hotmail.com) or 0425 240 083 if you need assistance.

No tickets will be issued but your name will be on a list at the door. Where possible, we will endeavour to seat you with requested friends if advised.

## HOW TO MAKE A PAYMENT NOTIFICATION ON OUR WEBSITE

**Step 1:** Go to [www.knightsofstgeorgeheartassoc.com.au](http://www.knightsofstgeorgeheartassoc.com.au)

From the tabs along the top click on PAY ONLINE

Enter all your information in the required fields – Name Email Phone Number Address

Select what items you wish to pay for eg Raffle Tickets, Membership, Dinner tickets - Enter

The total amount will be displayed at the bottom of the page – then click on NEXT

The next page will give you a Reference number and TWO different methods to make payment

**Step 2: If you wish to pay Via EFT**

**You need to go to your own Bank Account and transfer the funds (using your reference number) to:**

**Account Name:** Knights of St George Heart Association

**Account BSB:** 062 184 (Commonwealth Bank)

**Account Number:** 1023 1276

**Paying by Cheque**

If you wish to pay by cheque just fill in the cut off payment slips provided with this newsletter and post with your cheque made payable to *The Knights of St George Heart Association*

**The Knights of St George Heart Association**

PO Box 201

Sylvania Southgate NSW 2224



# Secretary's Autumn Report

We had a fantastic night at our Christmas Dinner Dance last December. It was a somewhat downsized attendance due to the remnants of our Covid lifestyle, but a lovely evening enjoying good company, food and wine and lots of prizes!! Please try and come along to our Christmas in July Dinner Dance – it's a great night. Jacqui Jacobs

## 2022 Big Raffle Winners

- 1<sup>st</sup> Prize – Cheryl Simmonds
  - 2<sup>nd</sup> Prize – Graham Murphy
  - 3<sup>rd</sup> Prize – Joy Yates
  - 4<sup>th</sup> Prize – Barry Ezzy
- Congratulations to the prize winners!!



Dr David Horton and wife Trish



Dr Matthew Horton & Jacqui Jacobs



Nurses and Perfusionists from St George Hospital Cardio Thoracic unit



Meeting Dates for 2023  
 All meetings are held at Club Rivers at 11am  
 Next Meeting  
 Sunday 21 May  
 ALL WELCOME!



Knights committee members Dorothy Marshall and Cheryl Simmonds



# Doctors Report



*Dr Matthew Horton*

Hello everyone,

The Knights are about to make a significant donation to St George Hospital Cardio Thoracic Unit in the form of funds for a Trans-oesophageal echocardiogram (TOE) to be used in the operating theatre.

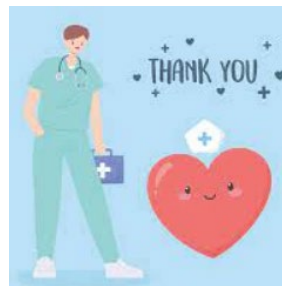
This equipment allows the surgeon to perform a procedure to look at heart chambers and valves using a flexible telescope placed down the oesophagus. The telescope has an ultrasound scanner attached to it so the surgeon can get close up views of the heart during surgery and help guide the procedures. The TOE provides a close look at the hearts valves and chambers without interference from the ribs or lungs. The ultrasound system provides superb image quality and streamlines the evaluation of cardiac function aiming to increase diagnostic confidence for patients with cardiac conditions. The Knights are excited to be able to facilitate this purchase for the hospital.



Matthew



Nurse Linda Yiu from St George Hospital Cardiothoracic Unit retired after many years of service. Linda's nursing career began in 1976. In 1979 she graduated and worked in Hong Kong as a theatre nurse for 10 years. Her career as a cardiac perioperative nurse began in 1994 when she worked with Dr David Horton and Dr Gary Fermanis. Linda credits Susan Leahy (former Knights secretary) as her mentor. We congratulate Linda on her well earned retirement. Linda will stay on as a long term and valued Knights committee member.



## 2023 BIG RAFFLE

This will be drawn at the Christmas Dinner Dance  
Tickets \$2.00 each Book of 10 \$20.00

**1<sup>st</sup> Prize \$1000**

**2<sup>nd</sup> Prize Apple Ipad**

*Donated by David Horton*

**3<sup>rd</sup> Prize Apple Ipad Mini**

*Donated by Trish Horton*

**4<sup>th</sup> Prize Restaurant Voucher for 2**

*Donated by Alan and Jacqui Jacobs*

## MEMBERS PLEASE NOTE

**Membership Fee of \$10.00**

**was due 1 JANUARY 2023**

Payment slip included with Newsletter  
Cut off and return with your payment  
Correspondence Secretary: Susan Cohen

[susancohen28@hotmail.com](mailto:susancohen28@hotmail.com)

Many thanks to our members who keep our Newsletter running and published twice a year!